

# organic pregnancy bath oil



**Discover an easy way to moisturise and nourish your skin and make each bath time an exceptional sensual experience.**

This combination of oils is sensual and relaxing as well as being uplifting and energising and helps to prevent stretchmarks.

A daily bath **relaxes you, restores** your energy and gives you some respite from the extra weight you are carrying. Here is how Organic Pregnancy Bath Oil will have a nourishing effect on your skin and make your bath truly rejuvenating:

- *Adding Active Birth Organic Pregnancy Bath Oil, with its fragrant essential oils, to the water is a wonderful way to increase the benefits of bathing.*
- *The warmth of the water releases the warm exotic fragrances to soothe and relax you and restore your energy.*

- *You'll notice how just a small quantity of this luxurious oil will totally cover your entire body, including the parts you can't reach.*
- *The essential oils permeate your skin, moisturising it and at the same time the aromatic fragrances are inhaled.*

## **Why is using a bath oil every day beneficial?**

The essential oils and base oils in Active Birth Organic Pregnancy Bath Oil are carefully selected and hand blended by a leading expert in natural skin care for use in pregnancy. This blend is **exceptionally rich** and will help prevent moisture loss and to maintain your skin's elasticity as your body changes shape.

## **These 6 pure natural oils are what makes Active Birth Organic Pregnancy Bath Oil so effective and beneficial**

**Sweet Almond** (*Prunus dulcis*) and **Apricot Kernel** (*Prunus armeniaca*) are pure, mild oils which act as emollients to soften the skin with a soothing effect. They help to hold moisture for hours and leave your skin feeling soft and non-greasy.

**Sunflower Seed** (*Helianthus annuus*) acts as an emollient to form a protective layer on your skin and prevent loss of moisture. It contains a high concentration of Vitamin E which is a major anti-oxidant that helps to bring nourishment to skin cells.

**Mandarin** (*Citrus reticulata*) is uplifting, relaxing. It nourishes the skin to help prevent stretchmarks and optimises the elimination of toxins. Because of its gentle action it's even more effective when used in combination with other oils.

**Ylang Ylang** (*Cananga odorata*) has a deeply relaxing and soothing fragrance that has a balancing effect on the emotions, and a rejuvenating effect upon the skin. It's soothing sweet essence brings feelings of joy and sensuality. It's known to balance the hormones and is used as a tonic for the reproductive system.

**Sandalwood** (*Santalum album*) used traditionally in India, has a warm exotic fragrance that comforts your body and soothes your mind. It's sweet, sensual, lasting aroma is released by the warmth of the water in your bath. Sandalwood helps to restore your energy while leaving you relaxed.

**Here's what pregnant mothers have to say about Active Birth Organic Pregnancy Bath Oil:**

*'I'm down to the last drop, please send me two more bottles. I've used nothing else. My skin is beautifully soft and supple. I wouldn't dream of using another product.'*

*'I can't have a bath without it. It smells fantastic and leaves my skin feeling wonderfully smooth and soft.'*

*'Thanks for introducing me to your bath oil. It's made such a difference to my bathing experience. I feel so relaxed afterwards.'*

*'A super bath treat - I give it to all my pregnant friends.'*

**Organic Pregnancy Bath Oil  
£14.95 - 100ml**

**3 ways to order**

Online [www.activebirthcentre.com](http://www.activebirthcentre.com) - shopping  
Phone 020 72816760 Ext 22 -  
*please have your credit card details ready*  
Fax 020 72638098

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A natural product which contains no artificial additives or chemical agents.  
This oil may not be suitable if you have a nut allergy.